

Would you like seven power tools to help you sort through life's twists and turns with grace and ease?

What could you accomplish and dream and create if you had simple self-care tools to call forth whenever you need to?

Welcome to *The Power of Seven* — a book that delves into seven words that help you celebrate your life of purpose by design ~ kind, grateful, inspired, happy, strong, genuine and love. The co-authors of *Power of Seven* live these words and are well-versed in self-care. Their stories and ideas will tune you in, tune you up, and set you on a course for living your BEst life, your way. Welcome to your pocket tools!



Dawn Airhart Witte is the founder of the *Desire to Inspire Foundation*, which provides children around the world with a mother's love and care while helping them find and use their own special gifts and talents.



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ColoringJournalsforHealthyLiving.com

DesireToInspireFoundation.org

RECIPES FOR BEING: The Power of Seven



Witte and Brown

Recipes for *Being* The Power of *Seven*

**A Pocket Journal
Celebrating Seven Words for
Living a Life of Purpose by Design**



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